

AGON

This Week

May 10 - Hubert Wheatley Memorial Classic entries due

May 11-13 BSC Summer Invite

May 11-12 No Practice

This Month

May 19 - Bring a friend to practice day

May 23 - Last day of Lesson Session VI Mon/Wed classes

May 24 - Last day of Lesson Session VI Tue/Thu classes

Next Month

June 2-3 THT Summer Steam

June 2 - No Practice

June 4 - First day of Lesson Session VII Mon/Wed classes

June 5 - First day of Lesson Session VII Tue/Thu classes

June 9 - Seymour Swimming Summer Splash entries due

June 22-24 Hubert Wheatley Memorial Classic

June 22-23 Practice TBD based on meet entries

June 30 - THT Summer Cuts Bonanza



CGAC Meet Highlights

This single session meet gave our athletes the opportunity to swim with more of their teammates present which meant more fun! It was great to see our athletes supporting each other on their own initiative. The highlight of the meet for me was seeing our athletes spontaneously begin a cheer of "Go-Ell-ie! Go-Ell-ie! Go-Ell-ie!" And, as is generally the case, where swimmers are having fun, fast times follow. Every Agon athlete that participated earned at least one new best time.



Brooke Parini swam in her first USA Swimming meet!



April Attendance Leaders

Silver
Chloe Purcell



Prep
Cora Lewis
Allison Lilley
Annabelle Miller
Archie Miller
Brooke Parini
Ellie Vagedes

IM Ready Athletes

Sophia Kapperman (SCY)
Ellie Lewis (SCY)
Lina Duncan (SCY)

IMX Athletes

Sophia Kapperman (SCY)

Six Meet Athletes

Brenden Jennings
Sophia Kapperman
Ellie Lewis
Chloe Purcell
Ellie Vagedes

Ayrica DeHart swam a new best in the 50 Free as did **Lina Duncan**. **Cora Emmons** had more confidence going into her second USA Swimming meet and it showed with best times in both of her events. **Brenden Jennings** had the largest time drop for our team with a whopping 38.01 second improvement in the 50 Breast. **Sophia Kapperman** swam events in all four strokes but saw the biggest improvement in her 50 Fly. **Cora Lewis** swam her first meet of the year and swam her first 50 Breast ever. **Ellie Lewis** swam to her first Divisional qualifying time in the 50 Back. **Brooke Parini** tried three events in her first USA Swimming meet including the 50 Fly. **Chloe Purcell** swam events in each stroke in addition to the 100 IM, putting her just a 200 yard Free away from achieving IM Ready status with USA Swimming. **Ellie Vagedes** picked up her first IM Xtreme event in the 100 Back.



BSC Summer Invite

Warm-up and meet start times have changed for Saturday and Sunday morning sessions. New times are below:

	Friday PM	Sat & Sun AM	Sat & Sun PM
Warm-up	4:30 pm	8:00 am	No earlier than 12:00
Meet Start	5:30 pm	9:00 am	No earlier than 1:00 pm

I'd like all athletes ready to swim by the warm-up start time. Also, please remember this meet requires athletes to check-in for their events. Feel free to contact me if you would like help.

For families new to USA Swimming meets, I encourage you to visit the "Resources" page of the team website and peruse "Swim Meet Basics for Parents" and "A Guide to USA Swimming meets with T2 Aquatics".

Parking on campus can be confusing so attached in the email containing this newsletter is a parking guide for the meet.

Hubert Wheatley Memorial Classic

Entries for this meet are due by the end of practice on Thursday, May 10th. This is one of only two outdoor meets we will participate in this summer. The meet is just a short drive away in Bedford and should be a low-key, fun meet.

Team Milestone

This month we achieved a milestone for our team, we have 50 members participating in our programs! A big THANK YOU to Kristen Lewis who had information about our team distributed through the RBBSC schools. I also want to thank all the families that have recommended our team to their friends. Word of mouth is the best marketing tool we have, so please keep it up!

The more members we have, the better the experience we can provide. Among other things, more members means:

- Greater resources for things like the underwater camera we just purchased, training equipment like fins, and additional coaches.
- Greater camaraderie at practice, meets, and other team events.
- More relay opportunities for our athletes.
- Enhanced athlete confidence and pride in being a part of a large and competitive team.



Bring a friend to practice

On Saturday, May 19th, our Prep and Silver swimmers are encouraged to bring a friend or friends to practice in order to introduce them to the sport of swimming and our team in particular. This will be a fun, relaxed practice catering to the ability level of our guests.

Kroger Community Rewards

This quarter we raised \$41.42 through Kroger Community Rewards, beating the \$38.08 we raised last quarter.

For families who are new to the team and unfamiliar with Kroger Community Rewards, it's a program that allows us to fundraise at no cost to you, the Kroger shopper. All that is required is pairing your Kroger shopping card with Agon. The process only takes a few minutes. Instructions are attached to the email containing this newsletter and are also available on the "Support Us" page of the team website.



Small group instruction

Our Prep and Silver swimmers seem to be both enjoying and benefiting from the voluntary small group instruction opportunities we've been offering on Saturdays from 12:00-12:30 so we will make another sign up available. A link to a google sign up sheet will be sent out shortly via email. As before, please select only one of the offered slots for each swimmer.

Team Gear

If any families would like team gear, please let me know. We always have team caps available in both latex (\$5) and silicone (\$10). We still have a few sizes of t-shirts available (\$10) as well as a team sweatshirt (\$30) and two female suits from our most recent order. Specifically though, we've had one family express a desire for us to place a team suit order. Whenever we have sufficient interest to meet the three suit minimum order quantity we can move forward with a team suit order.

Thank you for being a part of the Agon family!